Using the Hypertension Best Practice Online Toolkit

The toolkit consists of six sessions, each designed to be delivered in less than an hour. Better Health Partnership is invested in the success of your practice. Provided below are step-by-step instructions we hope will guide your team to improved rates of well-managed hypertension.

1. Identify a practice champion and/or leader to lead the training sessions.
2. Identify clinic team members who will implement the Best Practice model. The team may include clinicians, medical assistants, nurses, pharmacists, front desk staff, data analyst, or others.
3. Develop queries for electronic health record (EHR) data abstraction, and validate data with a small convenience sample of patients. Data are critical to quality improvement, and you will need baseline data of the best practice metrics prior to the first learning session.
4. Schedule six monthly training sessions. Use a conference room with internet access, a computer and a large monitor or screen.
5. Send meeting schedule for all six sessions to ensure adequate time for staff to arrange their schedules. Confirm staff availability at least one day before scheduled meeting time.
6. Print presentation slides using the *"print note pages"* feature in Power Point. Review the accompanied instructor's notes for each slide.
7. If supplemental materials are included in a training session, review the information and provide sufficient copies for staff.
8. Obtain (or create) a report from your EHR. Graph the following measures:
    a) Percent of adults with hypertension and elevated blood pressure (≥140/90mmHg) who receive a repeat blood pressure (BP) reading.
    b) Percent of adults with hypertension and a follow-up appointment scheduled within 35 days if repeat BP is elevated.
    c) Percent of adult patients with hypertension and uncontrolled BP (≥140/90mmHg).
9. Insert your graphs on the slides marked *"Place your data/graph here."*
10. Discuss the reports in the training sessions. Develop goals or next steps that are meaningful to your practice.
11. At the end of each session, remind staff of the date and time of the next scheduled session.

Better Health Partnership
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